

Jack Lavino M.A., ICADC

2885 E. Aurora Ave, #8,
Boulder, Colorado 80303

jack@jacklavino.com

303.245.0552



Counseling Experience

Author, public speaker, private psychotherapy practice, working with young adults from college-age through the lifespan, specializing in addiction and trauma recovery, cellular healing and forgiveness. *Boulder, 1996–present*

Intervention specialist assisting with families for loved ones with addictions. *1985–present*

Coordinated the Center for Students in Recovery at the University of Colorado, Boulder, *May 2006–2008*

Instructed a diversion program Focus on Alcohol Concerns program at CU-Boulder. *Boulder, 2002–2006*

Instructed Level II DUI Education men's group at JSAT/ Center for Change. *Boulder, 2004–2006*

Led therapy groups and provided individual therapy and case management as part of an intensive outpatient substance abuse recovery program, Boulder Community Hospital. *Boulder, 1998–1999*

Counseled children with attachment disorders, along with their families and foster families, as a contract therapist for Human Passages Institute, a licensed foster care agency. *Lakewood, Colorado, 1995–2000*

Built a successful private psychotherapy and consulting practice. *Flagstaff, Arizona, 1983–1995*

Developed and implemented an employee assistance program for Coconino County, Arizona, as a private consultant and therapist. *Flagstaff, 1986–1989*

Conducted 30 to 40 DUI evaluations per year for the Motor Vehicle Division of the Arizona State Department of Transportation, Flagstaff Office. *1992–1995*

Acted as consulting therapist to Big Brothers/Big Sisters of Northern Arizona. Trained the organization's staff. *Flagstaff, 1985–1995*

Education

M.A., Psychology, Northern Arizona University, *1988*

B.A., Psychology, Brown University, *1962*

EMDR Training, EMDR Institute, Watsonville, California, *2004–2005*

Business and Military Experience

Revamped and directed a groundbreaking employee assistance program for Kemper Insurance Companies (11,000 employees). Supervised a staff of four counselors. *Chicago, 1974–1983*

Other positions at Kemper included

Director of public relations. *1972–1974*

Lobbyist, Washington, D.C. *1971–1972*

Executive assistant to executive vice president, chief of operations. *1969–1971*

Tournament coordinator and advertising manager, Kemper Open golf tournament. *1968–1969*

National advertising supervisor. *1966–1968*

Developing marketing plan, Justice-Systems, Assessment, and Training. *Boulder, Colorado, 2004–2005*
Served as first lieutenant, United States Marine Corps. *1963–1966*
Supply officer, Marine Corps Institute. *Washington, D.C.*
Staff officer, Ceremonial Battalion, U.S. Marine Barracks. *Washington, D.C*

Professional/Civic Activities

Boulder Rotary Group, *July 2011*
SCOSA, Special Committee on Substance Abuse, *University of Boulder, 1998-2008*
Co-led Colorado SNAP (Survivors Network of Those Abused by Priests). *2003–2004*
Served on the Standing Committee on Substance Abuse at the University of CO, Boulder. *2004–2006*
Served as vice president and member of the board of directors, Arizona Board for the Certification of Addictions Counselors. *Vice president, 1990; member, 1985–1990*
Acted as Big Brother to two boys for Big Brothers/Big Sisters of Northern Arizona. *Flagstaff, 1990–1992*

Presentations

“Forgiveness: The Ultimate Revenge”, Boulder Public Library, Unitarian Universalist, *August 2011*
“Love at First Sip”, Boulder Rotary Club, *February 2011*
“Getting to the Heart of the Matter: Addiction and Recovery, Tele-class Series”, *March – May 2011*
“Getting to the Heart of the Matter”, Southwest Acupuncture College, *Boulder, July 2010*
“The Addictions/Attachment Connection: An Innovative View,” Eighth Annual International Conference on Attachment and Bonding. *Lakewood, Colorado, October 1996*
“A Step Beyond: Integrating Spirituality with Therapy.” Fourth International Conference on the Male Experience of Recovery from Sexual Abuse. *Portland, Oregon, 1992*
“Adult Children of Alcoholics in the Workplace,” Conf. Children of Alcoholics. *New York City, 1982*
“Family Members of Alcoholics: The Forgotten People of Occupational Alcoholism Programming,” Association of Labor/Management Administrators and Consultants on Alcoholism Annual Conference. *Detroit, Michigan, 1978*

Hundreds of national and local workshops, trainings, and lectures, attended by mental health professionals, business people, graduate students, and other members of the public. Topics have included chemical dependency/addictions, attachment and addiction, addiction and trauma, the benefits of employee assistance programs, work unit and family dysfunction, child abuse and neglect, and counseling skills. *1974–present*

Publications

“Forgiveness: The Ultimate Revenge”, Boulder Daily Camera, August, 2011
“Getting to the Heart of the Matter”, Boulder Daily Camera, September 2009
“Recovery: A Journey to Freedom”, Boulder Daily Camera, September 2008
“Recovery: A Courageous Journey”, Boulder Daily Camera, September, 2007
“Transforming Addictions: The Big Picture,” a conceptualization of paths in and out of addiction, *in Empowerment Practice with Families in Distress*, Judith Bula Wise, Columbia University Press, 2005
“Attachment and Addiction,” *Treatment Today*. Summer, 1998
The Kemper Approach to Alcoholism, Drug Addiction and Other Living Problems, Frederick Willman with John Lavino and Mary Ellen Kane, Kemper Publications. Chicago, 1980

Jack Lavino • Addendum to Resume • Certifications History

Internationally Certified Alcohol and Drug Abuse Counselor, The International Certification Reciprocity Consortium /Alcohol and Other Drug Abuse, Certificate 4669. *1990–present*
Certified Alcoholism and Drug Abuse Counselor, AZ Board Cert. of Addictions, #1055. *1984–present*
Certified Substance Abuse Counselor, AZ Board of Behavioral Health Examiners, #SA-0131. *1991–1995*
Certified Employee Assistance Professional, Employee Assistance Certification, Arlington, *1987–1992*
Certified Senior Alcoholism Counselor, Illinois Alcoholism Counselor Certification Board. *1983–1985*
Member, National Association of Alcohol and Drug Abuse Counselors. *Approximately 1987–present*
Registered Psychotherapist, Colorado State Grievance Board. *1996–present*